VARK
Learning Styles
SLOs

#5 multi-disciplinary teams
#7 communicate effectively
VARK – Learning Styles

- Record answer on sheet by circling the VARK that corresponds to answer choice
- Focus on your preference
- Okay to choose more than one answer

<table>
<thead>
<tr>
<th>Question</th>
<th>a category</th>
<th>b category</th>
<th>c category</th>
<th>d category</th>
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</thead>
<tbody>
<tr>
<td>3</td>
<td>K</td>
<td>V</td>
<td>R</td>
<td>A</td>
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</tbody>
</table>
1. You are helping someone who wants to go to your airport, the center of town or railway station. You would...

a. go with her.
b. tell her the directions.
c. write down the directions.
d. draw or give her a map.
2. You are not sure whether a word should be spelled "dependent" or "dependant." You would...

a. look it up in the dictionary.
b. see that word in your mind and choose by the way it looks.
c. sound it out in your mind.
d. write both versions down on paper and choose one.
3. You are planning a vacation for a group. You want some feedback from them about the plan. You would...

a. describe some of the highlights.
b. use a map or website to show them the places.
c. give them a copy of the printed itinerary.
d. phone, text, or e-mail them.
4. You are going to cook something as a special treat for your family. You would...

a. cook something you know without the need for instructions.
b. ask friends for suggestions.
c. look through the cookbook for ideas from the pictures.
d. use a cookbook where you know there is a good recipe.
5. A group of tourists has been assigned to you to find out about wildlife reserves or parks. You would…

a. talk about, or arrange a talk for them about parks or wildlife reserves.
b. show them internet pictures, photographs, or picture books.
c. take them to a park or wildlife reserve and walk with them.
d. give them a book or pamphlets about the parks or wildlife reserves.
6. You are about to purchase a digital camera or mobile phone. Other than price, what would most influence your decision?
   a. Trying or testing it.
   b. Reading the details about its features.
   c. It is a modern design and looks good.
   d. The salesperson telling you about its features.
7. Recall a time in your life when you learned how to do something like playing a new board game. Try to avoid choosing a very physical skill (e.g., riding a bike). You learned best by...

a. watching a demonstration.
b. listening to somebody explaining it and asking questions.
c. diagrams and charts - visual clues.
d. written instructions – e.g. a manual or textbook.
8. You have a problem with your heart. You would prefer that the doctor...

a. gave you a something to read to explain what was wrong.
b. used a plastic model to show what was wrong.
c. described what was wrong.
d. showed you a diagram of what was wrong.
9. You want to learn a new program, skill, or game on a computer. You would...

a. read the written instructions that came with the program.

b. talk with people who know about the program.

c. use the controls or keyboard.

d. follow the diagrams in the book that came with it.
10. You like websites that have...

a. things you can click on, shift, or try.
b. interesting design and visual features.
c. interesting written descriptions, lists, and explanations.
d. audio channels where you can hear music, radio programs, or interviews.
11. Other than price, what would most influence your decision to buy a new non-fiction book?

a. The way it looks is appealing.
b. Quickly reading parts of it.
c. A friend talks about it and recommends it.
d. It has real-life stories, experiences, and examples.
12. You are using a book, DVD, or website to learn how to take photos with your new digital camera. You would like to have...

a. a chance to ask questions and talk about the camera and its features.
b. clear written instructions with lists and bullet points about what to do.
c. diagrams showing the camera and what each part does.
d. many examples of good and poor photos and how to improve them.
13. Do you prefer a teacher or a presenter who uses...

a. demonstrations, models, or practical sessions.
b. question and answer, talk, group discussion, or guest speakers.
c. handouts, books, or readings.
d. diagrams, charts, or graphs.
14. You have finished a competition or test and would like some feedback. You would like to have feedback...

a. using examples from what you have done.
b. using a written description of your results.
c. from somebody who talks it through with you.
d. using graphs showing what you had achieved.
15. You are going to choose food at a restaurant or cafe. You would...

a. choose something that you have had there before.
b. listen to the waiter or ask friends to recommend choices.
c. choose from the descriptions in the menu.
d. look at what others are eating or look at pictures of each dish.
16. You have to make an important speech at a conference or special occasion. You would...

a. make diagrams or get graphs to help explain things.
b. write a few key words and practice saying your speech over and over.
c. write out your speech and learn from reading it over several times.
d. gather many examples and stories to make the talk real and practical.
Answer Sheet

- Total the number of Vs, As, Rs, and Ks

Total number of V's circled =
Total number of A's circled =
Total number of R's circled =
Total number of K's circled =
Recall
Construct

Visual
Reading / Writing

Auditory

Kinesthetic

Visual
Reading / Writing

Auditory

Kinesthetic