ANAXIMENES

Main Views

1. air is the principle of all things

2. everything comes into existence from air and is resolved back into it

3. air changes (its appearance) through condensation and rarefaction (fire, air, wind, cloud, water, earth, stone; or, air, cloud, rain, hail, snow)

4. as our soul (being air) holds us together and controls us, so breath and air surround the whole cosmos

5. air is always moving

6. air is one and boundless [apeiron] but not indeterminate [aoristos] but definite [horismenēn]
   (Theophrastus, quoted by Simplicius)

7. gods and divine things come to be out of air; or, air is a god and comes to be

8. the earth comes to be out of air and is flat; as a result, it rides on air

9. sun, moon and all other heavenly bodies are carried on the air because of their flatness

10. wisdom is more important than strength