Examples of the application of ME to eModE sound changes

Step 1: transcribe ME form
Step 2: apply any late ME sound changes (loss of /ə/ and of /n/ in final unstressed syllables)
Step 3: apply eModE sound changes, working left to right
Step 4: if there is an internal loss of a consonant (e.g. /x/), lengthen the preceding vowel if it is short, and plug it into the GVS
Step 5: transcribe the resulting eModE form
Step 6: spell eModE form
Step 7: if necessary, transcribe your pronunciation of the modern word as a check. This check is especially necessary if the ME form has a /e:/ or /oː/. Also, note that if you are dealing with a plural the ending of the eModE word may differ from that of the one we use today, e.g. /faʊls/ vs /faʊlz/. Just ignore this.

fowles /fuːləs/ > /faʊls/ ‘fowls’
  a drops
  u: > əʊ > əʊ

  θ drops

  v > θ

dough /dʌux/ > /doʊ/ ‘dough’
  loss of x
  ʊ > o